

AEROBIC MONSTERS

– 2025 Edition –

International Singles Regatta



Start Time	Nr Proa	Nome Completo Full name	Escalão/Categoria Category	Nome do Clube Club Name
11:00:00	1	Inês Garcia Presa	J16 Women	Sporting Clube Caminhense
11:00:30	2	Maria Morte	J16 Women	Sporting Clube Caminhense
11:01:00	3	Ana Abreu	J16 Women	Clube Naval Infante D. Henrique
11:01:30	4	Joana Areias	J16 Women	Clube Naval Infante D. Henrique
11:02:00	5	Maria Reis	J16 Women	Clube Naval Infante D. Henrique
11:02:30	6	Carla Estevez Louzao	J16 Women	CLUB REMO DO MIÑO
11:03:00	7	Lara Esteves Perez	J16 Women	CLUB REMO DO MIÑO
11:03:30	8	Marie Therese de Oliveira Gonçalves	J16 Women	Fluvial
11:04:00	9	Carolina dos Santos Rodrigues	J16 Women	Sport Club do Porto
11:04:30	10	CLAUDIA BATALLA	J16 Women	C.M.NOIA
11:05:00	11	ADRIANA ALVAREZ	J16 Women	C.M.NOIA
11:05:30	12	Ana Cristina Inácio Carrapiço	Masters E Women	Clube Ferroviário de Portugal
11:06:00	13	SUSANA ALMEIDA	Masters D Women	Clube Naval Infante D. Henrique
11:06:30	14	TERESA ALEXANDRA VIEIRA	Masters D Women	Clube Naval Infante D. Henrique
11:07:00	15	Maria Mafalda Paes Clemente de Castro	Masters E Women	Clube Ferroviário de Portugal
11:07:30	16	Susana Maria Pinho Marques Santos	Masters D Women	C.P.Cacia
11:08:00	17	Catarina Borges da Costa	J18 Women	Sport Club do Porto
11:08:30	18	Isabel Cinca Festas	J18 Women	Clube Ferroviário de Portugal
11:09:00	19	Matilde Ferreira	J18 Women	Ginásio Clube Figueirense
11:09:30	20	Camila Moreira Martins	J18 Women	Sport Club do Porto
11:10:00	21	Leonor Fernandes	J18 Women	Ferr. Barreiro
11:10:30	22	Gianella Verhagen	J18 Women	Sporting Clube Caminhense
11:11:00	23	Vera Alvarez González	J18 Women	CLUB REMO DO MIÑO
11:11:30	24	VITÓRIA RAMOS	J18 Women	Clube Naval Infante D. Henrique
11:12:00	25	ANA CRISTINA BARROS	J18 Women	Clube Naval Infante D. Henrique
11:12:30	26	MARIA MARGARIDA SILVA	J18 Women	Clube Naval Infante D. Henrique
11:13:00	27	JIMENA HORTA	J18 Women	C.M.NOIA
11:13:30	28	IRENE RODRIGUEZ	J18 Women	C.M.NOIA
11:14:00	29	Carolina Lima	Under23 Women	Viana Remadores do Lima
11:14:30	30	Carolina Cunha	Under23 Women	Viana Remadores do Lima
11:15:00	31	Francisca Fontainhas	Under23 Women	Viana Remadores do Lima
11:15:30	32	Nazanin Malaei	Elite Women	Associação Desportiva Naval Remo
11:16:00	33	Carlota Gonzalez Gil	Elite Women	CLUB REMO DO MIÑO
11:16:30	34	Maria Carolina Pinho Louira	Elite Women	Galitos
11:17:00	35	Carla Susana Costa Mendes	Elite Women	Fluvial
11:17:30	36	Mariana Sofia Gonçalves Rodrigues	Elite Women	Fluvial
11:18:00	37	Maria Rita de Sousa Pereira Rodrigues	Elite Women	Sport Club do Porto
11:18:30	38	Sergio Korablev	J16 Men	Sporting Clube Caminhense
11:19:00	39	Lucas Feliciano Pedrosa da Cruz	J16 Men	Sporting Clube Caminhense
11:19:30	40	David Filipe Alves Carpinteiro	J16 Men	Sporting Clube Caminhense
11:20:00	41	Alexandre Tavares	J16 Men	Clube Naval Infante D. Henrique
11:20:30	42	Ricardo Abreu	J16 Men	Clube Naval Infante D. Henrique
11:21:00	43	Afonso Belo Simões	J16 Men	Galitos
11:21:30	44	Guilherme Gonçalves	J16 Men	Ferr. Barreiro
11:22:00	45	Gonçalo Gonçalves	J16 Men	Ferr. Barreiro
11:22:30	46	Pedro Todo Bom	J16 Men	Ferr. Barreiro
11:23:00	47	Duarte Santos	J16 Men	Ferr. Barreiro
11:23:30	48	Francisco Costa Santos	J16 Men	Fluvial
11:24:00	49	Joaquim Belo Madureira	J16 Men	Fluvial
11:24:30	50	Lourenço Vides de Sousa	J16 Men	Fluvial
11:25:00	51	Rodrigo Ferreira da Fonseca	J16 Men	Fluvial
11:25:30	52	Rodrigo Lopes de Miranda	J16 Men	Fluvial
11:26:00	53	João Pedro da Silva Vasconcelos	J16 Men	Sport Club do Porto
11:26:30	54	Rodrigo Pinheiro	J16 Men	VRL
11:27:00	55	Henrique Jorge Capela Baixinho	Masters F Men	Sporting Clube Caminhense
11:27:30	56	Xurxo Cabrera	Masters C Men	Club Remo Vigo
11:28:00	57	Igor Carneiro	Masters B Men	Clube Ferroviário de Portugal
11:28:30	58	João Manuel Lopes de Oliveira	Masters H Men	Clube Ferroviário de Portugal
11:29:00	59	Vitor Nuno Soares Ribeiro Leite da Cunha	Masters E Men	Fluvial
11:29:30	60	José Filipe Lopes Agante	Masters E Men	Fluvial
11:30:00	61	Luís Magalhães Madureira	Masters C Men	Fluvial
11:30:30	62	José Miguel Martins Esmeriz	Masters D Men	Fluvial
11:31:00	63	Alfonso José Riveiro Cabaleiro	Masters C Men	CLUB REMO DO MIÑO
11:31:30	64	Manuel Villaverde Gomez	Masters F Men	CLUB REMO DO MIÑO
11:32:00	65	Antonio del Caño Alvarez	Masters D Men	CLUB REMO DO MIÑO
11:32:30	66	ARMANDO AZEVEDO	Masters D Men	Clube Naval Infante D. Henrique
11:33:00	67	Henrique Santos Calvet da Costa Marques Eusébio	Masters F Men	Clube Ferroviário de Portugal
11:33:30	68	Manuel Paulo Teixeira Nunes Cunha	Masters F Men	CDUP
11:34:00	69	José Calisto	Masters E Men	Ferr. Barreiro
11:34:30	70	Orlando Lourenço	Masters D Men	Ferr. Barreiro
11:35:00	71	Nuno Eduardo Silvestre	Masters F Men	Ferr. Barreiro
11:35:30	72	Silvio Rodrigues	Masters C Men	Ferr. Barreiro
11:36:00	73	Ricardo Manuel Bernardo Ribeiro de Sousa	Masters C Men	Clube Ferroviário de Portugal
11:36:30	74	Pedro Miguel Teixeira das Neves	Masters C Men	Sport Club do Porto
11:37:00	75	BENITO HORTA	Masters D Men	C.M.NOIA
11:37:30	76	José Esteves	Masters F Men	VRL
11:38:00	77	Luis Filipe Dias Lopes	Masters C Men	C.P.Cacia
11:38:30	78	Nuno Alexandre Brandao González	J18 Men	CLUB REMO DO MIÑO

11:39:00	79	Afonso Lourenço e Cunha	J18 Men	Clube Ferroviário de Portugal
11:39:30	80	Gabriel Oliveira Pereira	J18 Men	Fluvial
11:40:00	81	Rafael Oliveira Pereira	J18 Men	Fluvial
11:40:30	82	Gabriel da Costa Pinto	J18 Men	Sport Club do Porto
11:41:00	83	Gustavo da Veiga Ferro Meireles	J18 Men	Sporting Clube Caminhense
11:41:30	84	Martim Barroso de Carvalho	J18 Men	Sporting Clube Caminhense
11:42:00	85	Hugo Baeta	J18 Men	Associação Desportiva Naval Remo
11:42:30	86	Duarte Sisudo	J18 Men	Associação Desportiva Naval Remo
11:43:00	87	André Leal	J18 Men	Associação Desportiva Naval Remo
11:43:30	88	Carlos Amado Alcalde da Costa	J18 Men	CLUB REMO DO MIÑO
11:44:00	89	BENJAMIM PONTES	J18 Men	Clube Naval Infante D. Henrique
11:44:30	90	HENRIQUE SARAIVA	J18 Men	Clube Naval Infante D. Henrique
11:45:00	91	PEDRO NÉVOA	J18 Men	Clube Naval Infante D. Henrique
11:45:30	92	FRANCISCO MARABUTO SILVA	J18 Men	Clube Naval Infante D. Henrique
11:46:00	93	AFONSO BASTOS	J18 Men	Clube Naval Infante D. Henrique
11:46:30	94	FREDERICO ABREU	J18 Men	Clube Naval Infante D. Henrique
11:47:00	95	EDUARDO MADUREIRA	J18 Men	Clube Naval Infante D. Henrique
11:47:30	96	TIAGO TEIXEIRA	J18 Men	Clube Naval Infante D. Henrique
11:48:00	97	VICENTE CASTANHOLA	J18 Men	Clube Naval Infante D. Henrique
11:48:30	98	GABRIEL NEVES	J18 Men	Clube Naval Infante D. Henrique
11:49:00	99	Duarte Borges Branco	J18 Men	Clube Ferroviário de Portugal
11:49:30	100	Tomás Raposeiro Gomes	J18 Men	Ginásio Clube Figueirense
11:50:00	101	Rodrigo dos Santos Lopes	J18 Men	Ginásio Clube Figueirense
11:50:30	102	Simão Reis de Oliveira	J18 Men	Galitos
11:51:00	103	João Rocha dos Santos	J18 Men	Galitos
11:51:30	104	Leonardo Ribau Santos	J18 Men	Galitos
11:52:00	105	Afonso Valente Confraria	J18 Men	Galitos
11:52:30	106	João Pedro da Hora Barbosa	J18 Men	Sport Club do Porto
11:53:00	107	ALEX PARADA	J18 Men	C.M.NOIA
11:53:30	108	João Veloso	Under23 Men	Viana Remadores do Lima
11:54:00	109	Simao Coimbra Dias (18-09-2007)	Under23 Men	Sport Club Do Porto
11:54:30	110	Matias Coimbra Dias	Under23 Men	Sport club do Porto
11:55:00	111	Afonso Santos	Under23 Men	Associação Desportiva Naval Remo
11:55:30	112	Pedro Rodrigues	Under23 Men	Associação Desportiva Naval Remo
11:56:00	113	Tomás Neves	Under23 Men	Associação Desportiva Naval Remo
11:56:30	114	Rodrigo Almeida	Under23 Men	Associação Desportiva Naval Remo
11:57:00	115	Brais Nuñez Martinez	Under23 Men	CLUB REMO DO MIÑO
11:57:30	116	DIOGO MARABUTO SILVA	Under23 Men	Clube Naval Infante D. Henrique
11:58:00	117	BERNARDO CRUZ	Under23 Men	Clube Naval Infante D. Henrique
11:58:30	118	JOÃO PEDRO SANTOS	Under23 Men	Clube Naval Infante D. Henrique
11:59:00	119	André Teixeira Dias	Under23 Men	Fluvial
11:59:30	120	David Pereira de Oliveira	Under23 Men	Fluvial
12:00:00	121	Diogo Miguel Vicente Gonçalves	Under23 Men	Fluvial
12:00:30	122	Rafael Costa Santos	Under23 Men	Fluvial
12:01:00	123	Tomás Lopes de Miranda	Under23 Men	Fluvial
12:01:30	124	MILLAN HORTA	Under23 Men	C.M.NOIA
12:02:00	125	GABRIEL BELLO	Under23 Men	C.M.NOIA
12:02:30	126	Francisco Jose de Lemos Martins	Under23 Men	C.P.Cacia
12:03:00	127	Telmo Manuel Martins e Silva	Under23 Men	C.P.Cacia
12:03:30	128	Marco Luis Cadete Ribas	Elite Men	Sporting Clube Caminhense
12:04:00	129	Jesús González Alvarez	Elite Men	CLUB REMO DO MIÑO
12:04:30	130	Marcelo de Carvalho Freitas Simões	Elite Men	Académica
12:05:00	131	Guilherme Virtuoso Carriço	Elite Men	Ferr. Barreiro
12:05:30	132	Cláudio José Barbosa Rodrigues	Elite Men	Fluvial
12:06:00	133	Duarte Monteiro Castro	Elite Men	Fluvial
12:06:30	134	Gabriel Alexandre Magalhães Oliveira	Elite Men	Fluvial
12:07:00	135	Guilherme Tavares Romão	Elite Men	Fluvial
12:07:30	136	José Seródio Canha	Elite Men	Fluvial
12:08:00	137	CAETANO HORTA	Elite Men	C.M.NOIA
12:08:30	138	PABLO VEIRAS	Elite Men	C.M.NOIA
12:09:00	139	RAUL MARIÑO	Elite Men	C.M.NOIA
12:09:30	140	JOSE ANTONIO MARTINEZ	Elite Men	C.M.NOIA
12:10:00	141	ROCIO FRAGUELA	Para-rowing Women PR3	C.M.NOIA
12:10:30	142	Inês Silva Pereira	Para-rowing Women PR3i	Clube Naval Infante D. Henrique
12:11:00	143	ABEL VEIRAS	Para-rowing Men PR1	C.M.NOIA
12:11:30	144	JESUS VALVERDE	Para-rowing Men PR1	C.M.NOIA
12:12:00	145	Pedro Miguel Tiago Coelho	Para-rowing Men PR3i	Clube Naval Infante D. Henrique